



Northeast Mississippi Mental Health & Substance Use Recovery *Summit*

MORNING AND AFTERNOON BREAKOUT SESSIONS

September 22, 2026 • 7:00 AM – 4:30 PM
HUNTINGTON BANK CONFERENCE CENTER
375 EAST MAIN STREET, TUPELO, MS

Continuing Education Credits approved for 4.5 hours for DMH credentials, social workers, and licensed professional counselors; Education 1 CE; 3 Clock hours of LIVE/Opioid Pharmacist CE

AM SESSION: 10:30 AM TO 11:30 AM
PM SESSION: 3:00 PM TO 4:00 PM

The Power of the Pause: Micro Self Care Strategies for the Busy Professional - Sweetgum Room

Nickeda Shelton, LPC, PhD.

Suicide: Heartbreaking and Complex - Magnolia Room

G. Jay Westbrook, MS, RN, AGRS

From Pain to Power; Navigating Trauma - Maple Room

Lyndsie Davis, M.Ed., LPC, NCC, CAT, BC-TMH, CED

How to Heal Sexual Trauma and the Effect on Embodiment and Desire - Oak Room

Jennifer Kendrick, LCSW, CST

Prevention Includes Everyone: Disability and Addiction - Pine Room

Dwight Owens, MBA; Ed.D

Down the Street and Around the Corner: Gas Station Drugs - Cedar Room

Kecia Williams, M.A, C.A.T, CCTS

In partnership with:

