

AGENDA

September 22, 2026 • 7:00 AM – 4:30 PM
HUNTINGTON BANK CONFERENCE CENTER
375 EAST MAIN STREET, TUPELO, MS

BLUE DENOTES A GENERAL ASSEMBLY IN THE CHERRY/DOGWOOD ROOM

Continuing Education Credits approved for 4.5 hours for DMH credentials, social workers, and licensed professional counselors; Education 1 CE; 3 Clock hours of LIVE/Opioid Pharmacist CE

7:00 AM - 8:00 AM	Booth Setup
8:00 AM - 8:30 AM	Registration/Networking
8:30 AM - 8:45 AM	OPENING/WELCOME/SPONSOR RECOGNITION
9:00 AM - 9:30 AM	MY RECOVERY JOURNEY Facilitator: Lindsay Brett, Ed.D. Recovery stories from Whitney Watts and BJ Pearl
9:30 AM - 10:00 AM	LEGISLATIVE UPDATE Representative Sam Creekmore Mississippi State Representative District 14 and Chairman of Mississippi House Public Health and Human Services Committee
10:00 AM - 10:25 AM	Break/Networking
10:30 AM - 11:30 AM	Breakout Sessions (Participants will choose <u>ONE</u> session to attend)
11:35 AM - 12:00 PM	Break/Networking
12:05 PM - 1:30 PM	LUNCH/KEYNOTE ADDRESS: Christina Dent, Founder and V.P. of Mission; End It For Good Meeting People Where They Are: Trauma-Informed Innovations in Addiction Treatment
1:35 PM - 2:30 PM	PANEL DISCUSSION - SHARED SOLUTIONS FOR COMMUNITY CHALLENGES Melissa Pearson, Jason Herring, Melissa Wigginton, Stephanie Stout
2:30 PM - 2:55 PM	Break/Networking
3:00 PM - 4:00 PM	Breakout Sessions (Participants will choose <u>ONE</u> session to attend)
4:00 PM - 4:30 PM	DOOR PRIZES/CLOSING



Northeast Mississippi Mental Health & Substance Use Recovery *Summit*

MORNING AND AFTERNOON BREAKOUT SESSIONS

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AM SESSION: 10:30 AM TO 11:30 AM
PM SESSION: 3:00 PM TO 4:00 PM

The Power of the Pause: Micro Self Care Strategies for the Busy Professional - Sweetgum Room

Nickeda Shelton, LPC, PhD.

Suicide: Heartbreaking and Complex - Magnolia Room

G. Jay Westbrook, MS, RN, AGRS

From Pain to Power; Navigating Trauma - Maple Room

Lyndsie Davis, M.Ed., LPC, NCC, CAT, BC-TMH, CED

How to Heal Sexual Trauma and the Effect on Embodiment and Desire - Oak Room

Jennifer Kendrick, LCSW, CST

Prevention Includes Everyone: Disability and Addiction - Pine Room

Dwight Owens, MBA; Ed.D

Down the Street and Around the Corner: Gas Station Drugs - Cedar Room

Kecia Williams, M.A, C.A.T, CCTS

In partnership with:

